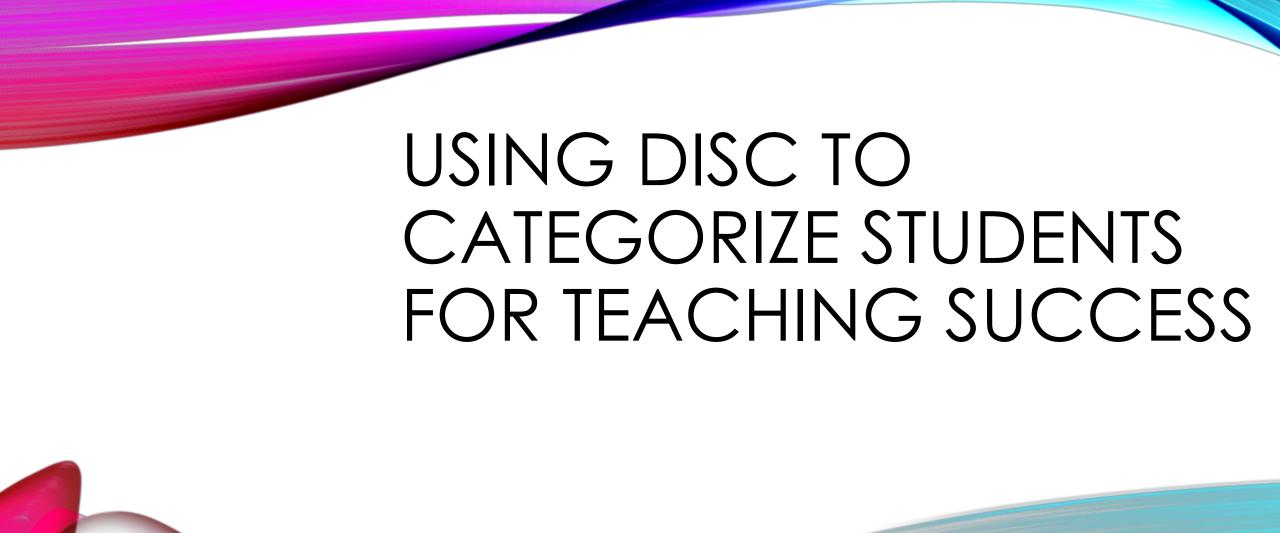
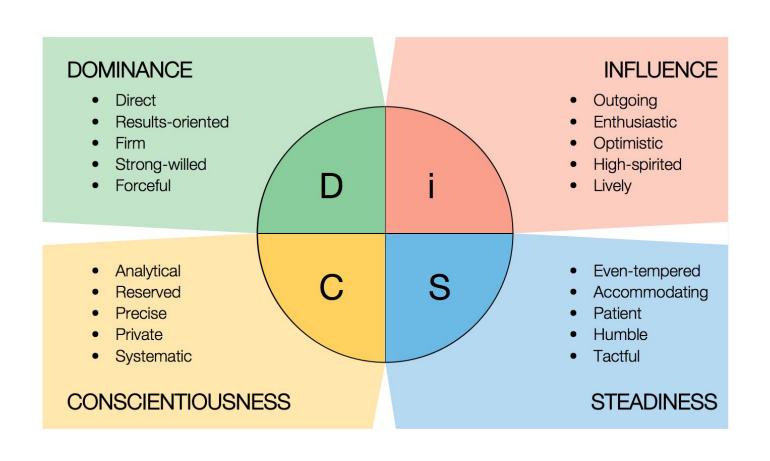


# SOMETHING YOU SAW AT CONFERENCE THAT YOU WILL USE

Dr. Cindy B. Rippé



# DISC BEHAVIORAL STYLES

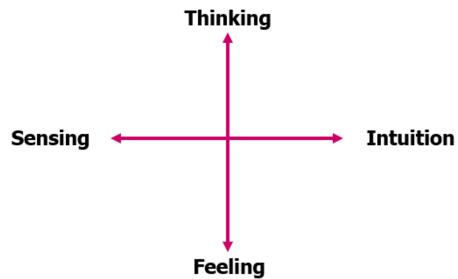


## WHAT IS DISC

- Behavioral analysis based on Carl Jung
- Measures behavioral types like Myers-Briggs (MBTI)
- DISC easier and more practical
- Statistically validated behavioral classification tool



Carl Gustav Jung



(Extended DISC, 2013; Inscape Publishing, 1996; Renaud, Rutledge, & Shepherd, 2012)

### A FREE DISC PERSONALITY TEST

https://discpersonalitytesting.com/free-disc-test/

#### GAIN INSIGHTS TO BUILD BETTER, STRONGER, MORE FULFILLING RELATIONSHIPS

Use this Free disc Personality Profile Assessment to get a fast instant estimate of your disc profile based on answers to 12 short questions.

It's fast and it's free. You can probably finish it in less than 10 minutes.

Use the results to gain insights you can use to better understand why you communicate the way you do and how you can communicate with others more effectively. With your results, you can:

- Immediately improve interpersonal communications
- Connect with co-workers more effectively
- ✓ Understand what you need to be most successful

When you click on the image below to open the free disc assessment window, you'll be on your way to learning more about your disc personality style. It's that fast and that easy. After you complete the Free disc Personality Test, you will immediately receive insights and tips about your personal style.

CLICK HERE TO START YOUR FREE DISC TEST

# D-STYLE

# How to Identify D-Style:

- Decisive, tough, impatient
- Strong-willed, competitive
- Demanding, independent
- Direct, does not listen

#### Do:

- Give immediate feedback
- Concentrate on subject
- Maintain result-orientation

#### Do Not:

- Frustrate his/her desire to take action
- Restrict his/her power
- Spend time on non-essentials



"In order to help you reach your goal of leading others, today I'm going to teach you DISC."

## D-STYLE

Simon Cowell Rosie O'Donnell Kanye West Tyra Banks Alec Baldwin Madonna J.R. Ewing of Dallas

Coach Bobby Knight Venus Williams Captain Kirk of "Star Trek" Bill O'Reilly Bernadette of "Big Bang Theory"

# I-STYLE

# **How to Identify I-Style:**

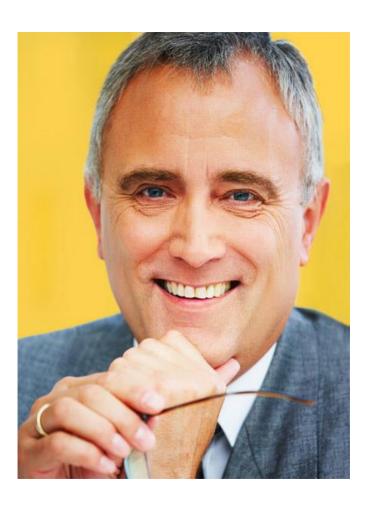
- Sociable, talkative, open
- Enthusiastic, energetic
- Persuasive, spontaneous, impulsive
- Emotional, talks more than listens

#### Do:

- Show enthusiasm, smile, chat
- Focus on the positive, make it fun
- Let him/her talk

#### Do Not:

- Put down his/her enthusiasm
- Focus on the details
- React negatively; remain positive



"Today I have a fun and exciting tool to teach you how to connect with others."

### I-STYLE

Kate Hudson Amy Poehler **Kevin Hart** Drew Barrymore Bill Clinton Jay Leno Will Smith Melissa McCarthy

Scotty of "Star Trek" Dolly Parton Prince Harry Jim Carrey Ellen DeGeneres Robin Williams Penny of "Big Bang Theory"

### S-STYLE

# **How to Identify S-Style:**

- Calm, steady, laid back
- Caring, patient, amiable
- Listens carefully, sincere
- Modest, indecisive, trustworthy

#### Do:

- Slow down, take your time
- Provide assurances and support
- Give enough time to decide

#### Do Not:

- Be restless, pressure for action
- Make sudden changes
- Fail to deliver on the promises



"Today I have a way to help you have harmony with others and am first going to tell you about DISC styles and next I'm going to tell you how to adapt to them."

### S-STYLE

Sarah Jessica Parker Mr. Sulu of "Star Trek" Princess Diana Halle Berry Matthew Broderick Rajesh of "Big Bang Theory" Peyton Manning

Magic Johnson Jimmy Fallon Michael J. Fox Tom Brokaw Mahatma Gandhi David Beckham Kate Duchess of Windsor

### C-STYLE

# **How to Identify C-Style:**

- Precise, exact, analytical
- Logical, systematic
- Quiet, does not express emotions
- Careful, formal, disciplined

#### Do:

- Give detailed information
- Answer questions patiently
- Give time to think and decide

#### Do Not:

- Keep information to yourself
- Pressure for immediate decisions
- Be too chatty



"Today I am going to take you through a step by step process providing you with additional information so you can think about the best way to analyze other people with DISC."

### C-STYLE

Spock of "Star Trek" Al Gore Albert Einstein Bill Gates Tiger Woods Keanu Reeves Monica of "Friends" Hermione of "Harry Potter"

**Jack Nicklaus** Jimmy Carter Ted Koppel Bjorn Borg Clint Eastwood Richard Nixon Sherlock Holmes Sheldon Cooper of "Big Bang Theory"

